

# Windsor, Slough, Eton & Hounslow Report

## **SOUTHERN WOMENS LEAGUE – SATURDAY 2<sup>nd</sup> JUNE**

### **Division 1 - Report**

In perfect weather conditions, the WSE & Hounslow Ladies team recorded a superb six point win over hosts Horsham in the third of a six match series of the Southern Women's League.

The team, who due to other league commitments, were slightly depleted, fought for every point to return a creditable total of 195 points.

Achieving an incredible four second improvement in her PB, Natalie Daniels came home in fourth place in the 300m Hurdles in the Senior/U17 section. Other Senior performances of note on the track were Harriet Shurley, returning to competition after a two year absence, with a first place in the 100m Hurdles, a first for Caroline Heaney in the 400m Hurdles and many other creditable top three placings. The field results were also very encouraging, with notable performances from Jo Debs and Jenny Heckford, both scorings firsts in their respective strings in the Triple Jump. Janet Smith also scored a first in the Hammer and Jo Wade coming in with another first for the team in the Javelin. With a plethora of supporting results in the remaining field events, the Senior/U17 had a successful competition.

In similar fashion to the Seniors, the Girls section of the team also had a successful day, with many athletes achieving new PB's. Notable of these on the track were Sarah Phelps, coming home first in the 75m Hurdles, Karimah Muhammad and Sarah Neizer in the 100m, Maria Gomez in the 200m, Ella Pepper and Rosie Adams in the 800m and Verity Kyley in the 1500m. The field performances were also successful with PB's for Ana Gomez in the Discus and Letisha Richardson, who equalled her PB in the High Jump and achieved a new best in the Javelin. The overall points tally was further bolstered with good solid performances from the remaining team members in this age group, topped off with a win for the 4x100 relay team, who won by a clear two seconds.