



Position	Athlete	Individual Position	Individual Time	Joint
				Time
1st	Emma Croft	4th	13m 39 secs	28m 45 secs
	Charlotte Brunton	8th Eq	15m 06 secs	
2nd	James Bennington	3rd	12m 48 secs	29m 20 secs
	Pauline Siddons	15th	16m 32 secs	
3rd	Mick Hill	2nd	12m 22 secs	29m 32 secs
	Clare Hing	17th	17m 10 secs	
4th	Bob Peters	5th	14m 56 secs	29m 59 secs
	Lois Bond	6th Eq	15m 03 secs	
5th Eq	Emma Castle	8th Eq	15m 06 secs	30m 40 secs
	Paula Hing	11th Eq	15m 34 secs	
5th Eq	Kitty Walker	8th Eq	15m 06 secs	30m 40 secs
	Paul Hing	11th Eq	15m 34 secs	
7th	Kitty Walker	8th Eq	15m 06 secs	31m 22 secs
	Harriet Castle	14th	16m 16 secs	
8th	Stef Brown	11th Eq	15m 34 secs	32m 21 secs
	Kerry Gorman	16th	16m 47 secs	
9th	Alex Tovey	1st	11m 05 secs	34m 31 secs
	Daniel Hing	19th	23m 26 secs	
10th	Carley Gorman	6th Eq	15m 03 secs	38m 25 secs
	Aaron Percival	18th	23m 22 secs	

Time Keepers : Bryan Goodman and Peter Fry

19 runners participated

Judge : Dennis Daly