

WINDSOR SLOUGH ETON & HOUNSLOW AC

PRESS REPORT – 3rd Sept 2006

NATIONAL YOUNG ATHLETES LEAGUE FINAL

ALEXANDER STADIUM - BIRMINGHAM

The WSEH AC youngsters returned from the National Young Athletes League Finals with some 67 medals, 10 of them Gold, a higher tally than last year when winning the Auxiliary Final.. Even so, with injuries on the day and a couple of ‘no shows’ the local club had to settle for 4th place. Surprise winners were Enfield & Haringey AC, well beaten by WSEH in the League early in the season, but who were able to raise their game for the Final.

Match Result:

Enfield & Haringey AC	797pts
Blackheath & Bromley AC	781
Liverpool Harriers	702.5
WSEH AC	666.5
City of Stoke AC	660.5
Gateshead Harriers	616
Birchfield Harriers	591.5
Edinburgh Southern Harriers	571

Stars of the show for the WSEH Boys were multi eventer Ashley Bryant, who emerged with 3 medals, silvers in the Under 17 Discus and 100m Hurdles and a bronze in the Long Jump and Javelin rival Dan Pembroke who also took home 3 medals, the expected gold in the Javelin and bronzes in the B string Discus and Shot. There was an impressive gold from George Martin in the Under 17 800m where he led from the front and saw off a late challenge to win in 1m58.38 secs. The High Jump proved to be the expected ‘banker’ event for the local club with maximum points being delivered by Cameron Lake(1m93) and Graham Cole(1m85). Cole went on to take a bronze in the 100mHurdles in 14.91 secs. The Long Jump also provided another Gold, from Matt Gurney in winning the B string with 6m00. Dwayne Blake set the trend for the rest to follow by taking silver in the opening track event, the 400m Hurdles in 57.25 secs. He then repeated the feat later in the day in the 400m flat in 50.50 secs. It was good to see team stalwart George Higgins also getting his share of glory with a bronze in the B string with 53.56 secs. Late substitute Dan James surprised himself with a bronze in the 100m B in a new pb of 11.62 secs. The WSEH distance runners were also amongst the awards. Alex Tovey took bronze in the 1500m in 4m21.61 and Nathan White was similarly placed in the 3000m in 9m17.8. Tom Barbour took silver in the B string of the latter in a pb of 9m49.1 Rob Cramb was the early leader in the opening field event, the Hammer, with his opening effort of 45m88 but was overhauled late in the competition to finish in the bronze medal position.

Medals proved harder to find in the Under 15 age group, the Discus proving to be the Club's best event. The improving Sam Wilkinson, is now showing the consistency needed to win awards, and he took Gold with his effort of 38m04. Late replacement David Harvey was delighted with his unexpected bronze in the B string with a pb of 23m97. The amazing Elan Weedon always seems to be able to raise his game in the major competitions, and once again he did just that to win the High Jump in a new pb of 1m78.. The 100m event also produced a brace of medals with Adam Medcraft taking bronze in the A race with 11m72 and Emmanuel Oboh a silver in the B string in 11.6 secs. Paired with Robbie Daniell and David Harvey, the quartet raced to the bronze awards in the 4x100m Relay. Stephen Light suffered a rare defeat in the Javelin to settle for silver with 45m76. The Throwing events delivered the remaining medals in this age group. Mark White improved to 25m56 to win bronze in the B Hammer and medals of the same hue fell to Sadiq Kamugisha in the Shot and Paddy Higgins in the Javelin B.

The Under 13 Boys suffered badly through holiday absentees and thus were generally below par against tough opposition. The medals that did transpire, to their credit, were gained by late substitutes. Fred Watts took silver in the B Long Jump with his pb of 4m12 but injured his ankle and thus could not participate in his A event, the 1500m. The other medal fell to Tom Drake in the B 75mHurdles with a pb of 15.4 secs and that brought about perhaps the biggest smile of the day.

Dennis Daly