

WINDSOR SLOUGH ETON & HOUNSLOW AC
PRESS REPORT

ENGLISH SCHOOLS MULTI EVENTS CHAMPS - DERBY 16/17/9/06

WSEH had three representatives at the English Schools Multi Events Championships at Derby on the weekend, all with aspirations of being the next Daley Thompson. Ashley Bryant, representing Middlesex, emerging as champion after a gruelling two days. In the Under 17 Octathlon event he produced personal bests in all but two of the disciplines to set a new WSEH Club Record of 5359 pts. On Saturday he opened his challenge with a new best of 6m40 in the Long Jump. In the Discus he was over the 40m barrier again for the second time in as many weeks with his 40m52 effort. The next event the Javelin posed a problem. Ranked No 1 in the country at this event last year, he has nursed a back problem all summer that has meant that he has hardly picked up the implement this season. He showed that his touch has not deserted him however, and he threw a massive 58m41, that puts him back amongst the top 5 in the UK rankings. Spurred on by this result he set another personal best in the 400m in 52.75 secs. His second day did not quite match the heights of Saturday's achievements. He was down on his best in the 100m Hurdles with 13.83 secs, showed a marginal improvement in the High Jump with 1m71, then set a new best by a long way in the Shot with 13m03. In the killer event, the 1500m he once again shattered his previous best with his 4m58.19 secs clocking.

Ryan Long representing Bucks, also had a good couple of days, finishing in a commendable 11th place with 4423pts.. He also set new personal bests in 6 of the 8 events, the Long Jump(5m53), the Discus(31m31), the 400m(53.29), the 100m Hurdles(15.57 secs), the Shot 11m17, finishing with a good run in the 1500m in 4m49.87 secs. His other marks were – Javelin 38m30, High Jump 1m71.

Graham Cole, with a Surrey vest, went into the competition hampered by a foot injury, that saw him in a below par 19th place with 4258 pts. His highest points tally came in his 'banker' event the High Jump where he cleared 1m83. He also had a good run in the Hurdles with a 14.91 clocking, close to his best. His other marks were: Long Jump (5m57), Discus(29m92), Javelin(31m55),400m(56.53),Shot(11m78) and 1500m(5m12.4)

Dennis Daly