

**British Athletes League – Cup Semi-Final at Eton
30 July 2006**

WOMEN			MEN	
Helen Pryer	1 / 12.21 secs	100m	Rion Pierre	1 / 10.39 secs PB
Chinedu Monye	1 / 24.12 secs PB	200m	Steve Johnson	3 / 21.86 secs
Lesley Owusu	1 / 54.2 secs	400m	Craig Johnson	6 / 51.1 secs PB
Niki Tribe	1 / 2:12.66	800m	George Martin	4 / 1:56.52
Hayley Yelling	1 / 4:25.76	1500m	Alex Tovey	5 / 4:16.13
Erica Sheldon	1 / 9:56.38	3000m		
		5000m	Richard Lee	2 / 15:47.11
		10,000m	Charlie Coleman	2 / 32: 13.81 PB
		3,000m S/C	Dave Huck	7 / 11:23.08
		110m Hurdles	Callum McKay	2 / 14.9 secs
No entrant		100m Hurdles		
Jenny Christie	4 / 64.11 secs	400m Hurdles	Andy Clements	3 / 53.35 secs
Alison MacLeod	5 / 4.78m	Long Jump	Mark Holloway	2 / 7.01m
Cath MaCrae	1 / 3.70m	Pole Vault	Chris Mills	Equal 1 st 4.40m
Jenny Christie	5 / 1.50m	High Jump	Alan McKie	3 / 2.00m
Joanne John	1 / 55.52m	Hammer	Steve Sammut	2 / 55.28m
Alison MacLeod	4 / 10.50m	Triple Jump	Julian Golley	1 / 16.17m
Joanne John	2 / 38.85m	Discus	Tom Norman	1 / 47.83m
Rosie Semenytsch	1 / 41.65m	Javelin	Jeremy Tigar	3 / 48.53m
Ashley Palmer-Johnson	5 / 10.54m	Shot	John Heanley	7 / 9.98m
Pryer, Owusu Cooney, Monye	1 / 47.77 secs	4 x 100m Relay	James-Lionel, Butler Pierre, Holloway	Disqualified
Cooney, Tribe Yelling, Owusu	2 / 3:55.39	4 x 400m Relay	Clements, S.Johnson C. Johnson, Khan	2 / 3:22.76

Team Results:	1st	Belgrave Harriers	270 points
	2nd	WSEH	243 points
	3rd	Woking	175 points
	4th	Epsom & Ewell	153 points
	5th	Exeter	152 points
	6th	Medway & Maidstone	134 points
	7th	Swindon	106 points
	8th	Bournemouth	92 points