

WINDSOR SLOUGH ETON & HOUNSLOW AC
PRESS REPORT
APEX SPORTS CHILTERN CROSS COUNTRY LEAGUE
CASSIOBURY PARK WATFORD – SAT OCTOBER 14th 2006

WSEH made an encouraging start to their winter cross country campaign with some excellent results in the Apex Sports Chiltern Cross Country League Div 1 match at Watford on Saturday. Team victories were achieved in the Senior Mens Race and also in the Veterans Ladies plus minor placings in the Under 20 Mens, Under 11 Boys, Under 20/Under 17 Ladies, Under 15 Girls and Under 11 Girls races.

The best individual performance came from Alex Tovey in the Under 17 Mens race where he secured 2nd place in a time of 21m16.

Senior Mens Race

A Chiltern League record field of over 300 runners faced the starter in the Senior Mens Race over 5 miles. Charlie Coleman led the WSEH charge with his best ever League placing in 5th place in 28m38, just heading WSEH's international 800m specialist James McIlroy who was 6th in 28m42. Under 20 runner Iasn May, in his first Senior outing, was 19th in 29m56, closely followed Tim Haughian, 21st in 30m01 and Steve Kimber, 22nd in 30m10. It was good to see Tim Hyde back in WSEH colours after a long injury enforced lay off, and he was 27th in 30m32. Owen Jones made his club debut in 31st place in 30m40. Two of WSEH's promising crop of Under 20 runners, Vince Bangs, was next home in 38th in 31m03 and James Cotton in 44th with 31m23. WSEH had a long wait however to complete their scoring team, veteran Roy Temple crossing the line in 82nd place in 33m39.

Other WSEH finishers were: Mick Hill Vet 50 – 122nd, Sean Franks U20 123rd, Rob Briggs Vet 50 – 126th, Bob Fuller Vet 40 – 133rd, Ian Marmont SM – 146th, Wal Wessely Vet 60 – 195th

Team Results: Senior Men – WSEH 1895 pts, Harrow AC 1827 pts, Bedford 1822pts
Veteran Men – Aylesbury 687pts, Oxford 658[pts, M.Keynes 597pts
10th WSEH 413 pts
Under 20 Men – Bedford 246pts, Bracknell 203pts, WSEH 199pts

Senior Ladies Race

With most of WSEH's top athletes missing, the local club were unable to offer any real challenge in the Senior Ladies race. Supervet Paula Fudge was left to fill the breach with an excellent 10th place in 25m24. Another of WSEH's veterans Alison Bathie was next home in 20th place in 26m33, with Annelise Tomlinson close on her heels, in 21st place in 26m51. Another WSEH vet, Mary Edwards, missed the start and had to work her way through the field to complete the team scoring in 24th place in 27m10.

Other WSEH finishers were: Leigh James SL 28th, Yolanda Edwards SL 33rd, Sue Tansey Vet 35 45th, Lucy Roe SL 51st, Ed Roe Vet 45 62nd, Pauline Siddons Vet 55 72nd.

Team Results: Senior Ladies – M.Keynes 313pts, Headington Runners 264pts,
Aylesbury 282pts, 5th WSEH 265pts.
Vet Ladies – WSEH 241pts, Chiltern Harriers 239pts, Headington
Runners 212pts

Under 17 Mens Race

Alex Tovey had his best ever League run with his 2nd place in 21m16, Tom Barbour usually pressing for a place, had chosen the wrong footwear for the hard ground and was forced to drop out. This left Cameron Smart to cross the line next for WSEH, in 25th place in 24m03 with Laurie Fox 37th in 27m03

Team Result: Bedford 146pts, Harrow 140pts, M.Keynes 133pts. WSEH 5th 65pts

Under 20/Under 17 Ladies Race

Close packing by the WSEH athletes still could not match the 1,2,3 finish of the Bedford club and hence WSEH had to settle for 2nd in the team race. Andrea Fox led the WSEH challenge with her 8th place in 20m10, with Rachel Stedman 9th in 20m19, and Melissa Bennington 10th in 20m25.

Other WSEH finishers – 17th Faith Louise Smith, 21st Jessica Ferrett, 24th Fran Devereux, 26th Jackie Essex, 27th Millie Parkin, 41st Louise Sams.

Team result: Bedford 120pts, WSEH 99pts, Harrow 98pts

Under 15 Boys Race

Joshua Radvan led the charge over the first mile or so in the Under 15 Boys before conceding ground to finish 10th in 17m48. Lewis Sloan was next home in 17th in 18m22. Callum Calvert had perhaps his best run to date to finish 26th in 19m03 and George Gunn completed the team score in 27th place in 19m07.

Other WSEH finishers – 38th Luke Porter, 40th Nathan Smallworth, 41st Matt Mooney

Team Result: Bedford 195pts, Chiltern Harriers 174pts, Luton 173pts, 5th WSEH 160pts

Under 15 Girls Race

There was a big WSEH contingent that faced the starter in the Under 15 Girls race. Katie Trehwella was the first to appear for WSEH in 4th place in 9m48. Melissa Hack was next to finish in 17th in 10m21, closely followed by Lauren Wye, 19th in 10m24. Helen Spooner completed the WSEH team in 25th spot in 10m32.

Other WSEH finishers- 34th Emily Barrett, 35th Sophie McKenna, 38th Codie Fuller, 50th Helen Kirby, 53rd Sophie Daniels, 56th Danielle Kerby, 64th Sarah Phelps

Team Result: Bedford 246pts, Bracknell 203pts, WSEH 199pts.

Under 13 Boys Race

Considering the number of boys in this group in training, it was disappointing that just two WSEH athletes faced the starter. Best of these was Rick Harvie, 17th in 10m01 with Tom Statters 51st in 11m30.

Team Result: Bedford 214pts, Chiltern Harriers 214pts, M.Keynes 211pts, 10th WSEH 62pts.

Under 13 Girls Race

In contrast the WSEH Under 13 Girls were out in force. They encountered tough opposition however and placed well down in the team race. Best for WSEH was Emma Croft in 13th with 10m45, just a few strides ahead of Naomi Barbour, 14th in 10m49. There was a wait before the next WSEH athlete appeared, Harriet Daniels in 39th place in 11m22. Tiffany Jones completed the scoring team in 43rd spot in 12m07.

Other WSEH finishers- 44th M.Haynes, 46th Verity Kyley, 51st Harriet Castle, 67th Kerry Gorman, 69th Jackie Chew

Team Result: Bracknell 276pts, Bedford 263pts, Harrow 260pts. 8th WSEH 207pts.

Under 11 Boys Race

Of the WSEH trio in this race, two were making their cross country debut. Seasoned campaigner Kieron Wye carried on where he left off last year, with a good 5th place in 7m27. Andrew Lane was 13th in 7m53 and Henry Gunn was also in touch with his 15th place in 8m01.

Team Result: Luton 147 pts, WSEH 132pts, Lincroft School 117pts.

Under 11 Girls Race

As in the Boys age group, many of the WSEH Under 11 were making their club debut. Best of the large WSEH contingent was B.Wilson 8th in 7m55, B. Croft was next home in 19th in 8m17. S. Reid completed the WSEH team in 38th place in 8m58.

Other WSEH finishers- 39th L. Fielder, 41st S. Clitheroe, 56th H.King, 72nd E. Jackson, 78th M.Wright

Team Result: Shaftsbury Barnet 247pts, Chiltern Harriers 218pts, WSEH 196pts

Overall Match Result:

Bedford & County 3211

WSEH 2962

M.Keynes 2927

Harrow 2739

Chiltern Harriers 2358

Aylesbury 2348

Oxford City 2215

Watford 1941

Luton 1935

Bracknell 1814

Headington 1734

Dacorum & Tring 1241

Bearbrook Joggers 1132

Leighton Buzzard 998

Dennis Daly