

## Windsor Slough Eton & Hounslow Athletic Club secure place in British League National One for another season

Travelling to Sheffield for their last British League match of the season, Windsor Slough Eton & Hounslow Athletic Club **Mens** team overcame motorway traffic jams and injuries to key athletes to finish a remarkable 5<sup>th</sup> in the match and a final League position of 4<sup>th</sup> to secure another season in National One.

Several athletes were carrying minor injuries and yet still competed to ensure that the club would retain their place in the division for 2007. 400m Hurdles, Andy Clements and Jeff Christie continued their excellent record in the event and it was left to Julian Golley (Triple Jump) Club captain, Andy Clements (400m Hurdles) and Tom Reynolds (110m Hurdles) to gain our only wins of the day. Under 20 star, Ian May, returning from holiday only the evening before, epitomised the strong team spirit in the team by competing in both middle distance events (800m & 1500m). The injured Tim Haughian also performed well in the 800m. Another youngster, Vince Bangs produced a personal best to secure 4<sup>th</sup> in the 5000m.

The sprints squad, under the guidance of their coach, Simon Duberley, all performed well although they too were carrying niggling injuries.

In the field events, veteran, Mike Small and the ever improving Tom Norman combined well to earn valuable points for the team.

Mens Team Director, Bryan Goodman, commenting on his teams performance said that he was extremely proud of his team and hoped that he could build on this performance for next season. He singled out club stalwart, Dave Huck, who had been a member of the club since 1989 and who had now chosen to retire from competitive athletics, as a great ambassador for the club and that it was fitting that his last performance was in his native Yorkshire

Results :

A String			B String	
Fahad Khan	7 / 11.4 secs	100m	Callum McKay	5 / 11.5 secs
Adam Butler	4 / 22.20 secs	200m	Fahad Khan	5 / 22.40 secs
Steve Johnson	5 / 49.8 secs	400m	Craig Johnson	6 / 51.8 secs
Tim Haughian	6 / 1m 59.7	800m	Ian May	5 / 1m 58.0
Ian May	7 / 4m 21.9	1500m	Sean Franks	7 / 4m 48.0
Charlie Coleman	6 / 15m 18.1	5000m	Vince Bangs	4 / 16m 17.5 PB
Callum McKay	3 / 15.20 secs	110m Hurdles	Tom Reynolds	1 / 15.7 secs
Jeff Christie	2 / 53.4 secs	400m Hurdles	Andy Clements	1 / 53.8 secs
Sean Franks	6 / 11m 19.1	3000m Steeplechase	Dave Huck	6 / 11m 29.7
Butler, Khan, Golley, McKay	3 / 42.8 secs	4 x 100m Relay		
Reynolds, Clements, Christie, Johnson	6 / 3m 26.0	4 x 400m Relay		
Tom Reynolds	4 / 1.80m	High Jump	Ollie Briggs	6 / 1.60m
Mark Holloway	4 / 6.61m	Long Jump	Ollie Briggs	4 / 6.24m
Julian Golley	1 / 15.27m	Triple Jump	Tom Reynolds	3 / 12.68m
Micki Finn	5 / 48.91m	Hammer	Mike Small	4 / 44.12m
Chris Mills	5 / 4.40m	Pole Vault	Steve Walker	2 / 3.20m
Mike Small	3 / 12.65m	Shot	Tom Norman	3 / 11.86m
Tom Norman	4 / 43.72m	Discus	Mike Small	3 / 40.93m
Andy Clements	7 / 44.05m	Javelin	Tom Reynolds	6 / 37.54m

### Match Position

1 <sup>st</sup>	Trafford	369 points
2 <sup>nd</sup>	Sheffield	368 points
3 <sup>rd</sup>	Blackheath/Bromley	352 points
4 <sup>th</sup>	Cardiff	274 points
5 <sup>th</sup>	WSEH	272 points
6 <sup>th</sup>	Border	171 points
7 <sup>th</sup>	City of Edinburgh	170 points
8 <sup>th</sup>	Bedford	155 points

### FINAL LEAGUE POSITIONS

1 <sup>st</sup>	Trafford	31 points
2 <sup>nd</sup>	City of Sheffield	29 points
3 <sup>rd</sup>	Border Harriers	21 points
4 <sup>th</sup>	WSEH	19 points
5 <sup>th</sup>	Cardiff	15 points
6 <sup>th</sup>	Blackheath & Bromley	13 points
7 <sup>th</sup>	Bedford & County	9 points
8 <sup>th</sup>	City of Edinburgh	7 points