

Under 15 Event	Athlete	Round	Position	Time / Distance	Wind
100m	Adam Medcraft	Heats	2nd	11.5 secs	+0.3 m/s
		FINAL	8th	11.5 secs	+1.2 m/s
80m Hurdles	Ashley Fry	Heats	6th	12.63 secs	+0.3 m/s
	Matthew Bezzant	Heats	6th	13.00 secs	+0.7 m/s
	Kyle Hodge	Heats	7th	13.05 secs	+0.7 m/s
Discus	Sam Wilkinson	FINAL	12th	31.64m	
High Jump	Elan Weedon	FINAL	7th	1.74m	
Under 17 Event	Athlete	Round	Position	Time / Distance	Wind
100m	Max Galliers	Heats	1st	11.0 secs	+0.4 m/s
		Semi-Finals	2nd	11.1 secs	+0.6 m/s
		FINAL	6th	10.90 secs	+1.4 m/s
100m	Michael Lee	Heats	5th	11.6 secs	+0.4 m/s
400m	Dwayne Blake	Heats	1st	50.3 secs	
		Semi-Finals	1st	49.83 secs	
		FINAL	2nd	49.53 secs	
800m	George Martin	Heats	2nd	1m 56.9	
		FINAL	4th	1m 55.68	
1500m	Alex Tovey	Heats	11th	4m 22.2	
3000m	Nathan White	FINAL	13th	9m 08.21	
High Jump	Cameron Lake	FINAL	3rd	1.94m	
Javelin	Daniel Pembroke	FINAL	Champion	61.46m	

Congratulations to the Under 17 Mens AAA's Javelin Champion
DAN PEMBROKE

WINDSOR SLOUGH ETON & HOUNSLOW AC

PRESS REPORT

AAA's UNDER 17/15 CHAMPS – BIRMINGHAM 5/6th AUGUST 2006

WSEH athletes emerged with three medals from the AAA Under17 and Under 15 Championships at Birmingham on the weekend, plus a host of other good performances.

Pride of place goes to Under 15 Javelin thrower Dan Pembroke. Trailing in the silver medal position , he unleashed a throw of 61m46 to secure gold in the final round.

Dwayne Blake was just out of the medals in the National Schools Championships, but this time made sure that he was in the medal hunt. He cruised through the heats and semi finals with comfortable victories and was rewarded with a silver in the final of the Under 17 400m in a time of 49.53 secs.

Cameron Lake added a bronze to the silver he won in the National Schools Championships, in the Under 17 High Jump with a 1m94 clearance.

George Martin, silver medallist in the National Schools, this time was just out of the medals with 4th place in the Under 17 800m in 1m55.68secs.

Chinedu Monye, one of the pre race favourites, easily cruised through the heats of the Under 17 200m but could not raise her game in the Final finishing 4th in 24.55 secs.

Several other WSEH athletes made the finals but missed out on medals. Adam Medcraft was 8th in the Under 15 100m with 11.5 sec. Elan Weedon equalled his pb of 1m74 in the Under 15 High Jump but had to settle for 7th place. Sam Wilkinson, in his first major championship, seemed over-awed by the occasion finishing 12th in the Discus with a below par 31m64.

A silver medallist last year Max Galliers was unable to repeat the feat this time out despite equalling his best performance in the Under 17 100m finishing 6th in 10.9 secs.. Nathan White was 13th in the 3000m in 9m08.21

Faye Williams did well to make the Final of the Under 15 75m Hurdles, finishing 6th in 12.01 secs.