

SENIOR / JUNIOR RANKING LISTS
SUMMER 2007 – as at 27th May 2007

EVENT	SENIOR	JUNIOR (Under 20)	EVENT
100m SENIOR CR Matt Shirvington 10.17 secs 16/06/2003	10.8 Andy Matthews 19/05 11.20 Mark Holloway 5/05 11.2 Adam Butler 12/05 11.3 Steve Johnson 13/05 11.30 Adam Butler 5/05 11.39 Dwayne Stoddart 18/04 11.54 Jeff Bond 28/04 11.55 Julian Golley 28/04 11.60 Mark Holloway 13/05 11.60 Fahad Khan 12/05	10.6w Max Galliers 29/04 11.1w Leon James-Lionel 29/04 11.3 Dean Cooper 29/04 11.6 Dan James 29/04 12.2 Oji Adoh 12/05	100m JUNIOR CR Andy Matthews 10.49 secs 03/07/1999
200m SENIOR CR Mark Richardson 20.62 secs 24/08/1997	22.1 Andy Matthews 19/05 22.57 Adam Butler 5/05 22.60 Fahad Khan 5/05 22.66 Dwayne Stoddart 18/04 23.5 Steve Johnson 13/05 23.68 Julian Golley 28/04 23.7 Jeff Bond 19/05	22.6w Leon James-Lionel 29/04 22.6 Dean Cooper 29/04 23.1 Dan James 29/04 23.7 Dwayne Blake 12/05 24.08 George Higgins 27/05	200m JUNIOR CR Mark Richardson 21.02 secs 28/07/1990
400m SENIOR CR Mark Richardson 44.37 secs 09/07/1998	49.2 Steve Johnson 14/04 50.6 Warren Frey 5/05 52.2 Jeff Bond 14/04	50.53 Dwayne Blake 27/05 51.3 Dean Cooper 19/05 52.2 Marc Forrest U17 29/04 53.30 George Higgins 13/05	400m JUNIOR CR Mark Richardson 45.53 secs 10/08/1991
800m SENIOR CR James McIlroy 1m 44.65 28/08/2005	2:01.39 Tim Haughian 5/05 2:02.1 Jake McCulloch 19/05	1:55.06 Ian May 5/05 1:59.61 Luke Turton 27/05 1:59.7 Alex Tovey 14/04 2:01.10 Jake Hughes 27/05 2:07.0 Charlie Bennett 13/05 2:08.5 Tom Barbour 14/04	800m JUNIOR CR Chris Sly 1m 48.8 1977

<p>1500m</p> <p>SENIOR CR</p> <p>Gary Taylor</p> <p>3m 39.88</p> <p>11/04/1987</p>	<p>4:01.8 Owain Jones 12/05</p> <p>4:03.2 James McIlroy 13/05</p> <p>4:09.45 Tim Haughian 12/05</p> <p>4:12.8 Steve Kimber 19/05</p> <p>4:15.68 George Glancy 12/05</p>	<p>3:59.55 Ian May 12/05</p> <p>4:01.43 Alex Tovey 5/05</p> <p>4:08.06 Nathan White 13/05</p>	<p>1500m</p> <p>JUNIOR CR</p> <p>Gary Taylor</p> <p>3m 40.72</p> <p>08/07/1981</p>
<p>5000m</p> <p>SENIOR CR</p> <p>Sam Haughian</p> <p>13m 19.45</p> <p>31/07/2002</p>	<p>14:51.27 Owain Jones 5/05</p> <p>15:27.62 Charlie Coleman 5/05</p>	<p>15:24.9 Nathan White 19/05</p>	<p>5000m</p> <p>JUNIOR CR</p> <p>Mohammed Farah</p> <p>13m 56.31</p> <p>23/06/2001</p>
<p>10000m</p> <p>SENIOR CR</p> <p>Jack Lane</p> <p>28m 24.01</p> <p>10/08/1971</p>		<p>8m 47.82 Nathan White 27/05</p>	<p>3000m</p> <p>JUNIOR CR</p> <p>Mohammed Farah</p> <p>8m 09.24</p> <p>20/05/2001</p>
<p>3,000m S/C</p> <p>SENIOR CR</p> <p>Ben Whitby</p> <p>8m 32.68</p> <p>15/07/2001</p>	<p>10:32.29 George Glancy 5/05</p> <p>10:45.4 Paul Couldridge 19/05</p> <p>11:20.61 Sean Franks 5/05</p>		<p>3,000m S/C</p> <p>JUNIOR CR</p> <p>Ben Whitby</p> <p>8m 59.09</p> <p>1996</p>
		<p>8m 37.0 Cameron Smart 29/04</p>	<p>2,000m S/C</p> <p>JUNIOR CR</p> <p>Chris Sly</p> <p>5m 43.2</p> <p>1975</p>

<p>400m H</p> <p>55.44 Jeff Christie 5/05</p> <p>SENIOR CR</p> <p>56.00 Robert McAvoy 19/05 57.52 Callum McKay 5/05 62.6 Danny Hodge 13/05 62.7 Sean Franks 14/04</p> <p>Jeff Christie</p> <p>51.33 secs</p> <p>13/07/2002</p>	<p>58.82 Dwayne Blake 27/05</p> <p>59.2 Matt Field 29/04 60.35 Jamie East 27/05</p>	<p>400m H</p> <p>JUNIOR CR</p> <p>Jeff Christie</p> <p>52.38 secs</p> <p>2001</p>
<p>110m H (3' 6")</p> <p>14.48 Dwayne Stoddart 5/05</p> <p>SENIOR CR</p> <p>15.02 Tom Reynolds 6/05 15.50 Callum McKay 13/05 17.5 Glen Reddington 19/05</p> <p>Dwayne Stoddart</p> <p>14.28 secs</p> <p>06/05/2006</p>	<p>15.39 Matt Field 27/05</p> <p>15.6 Ashley Bryant (U17) 29/04 16.45 Jamie East 27/05</p>	<p>110m H (3'3")</p> <p>JUNIOR CR</p> <p>Callum McKay</p> <p>14.55 secs</p> <p>12/07/2003</p>
<p>Long Jump</p> <p>7.11m w Mark Holloway 5/05</p> <p>SENIOR CR</p> <p>7.02m Julian Golley 12/05 6.27m David Cole 19/05 5.70m Kim Langley-Hunt 6/05</p> <p>Keith Fleming</p> <p>7.87m</p> <p>07/06/1987</p>	<p>5.79m Jamie East 29/04</p> <p>5.65m Graham Cole 14/04 5.15m Steve Walker 19/05</p>	<p>Long Jump</p> <p>JUNIOR CR</p> <p>Inferior to Under 17 CR</p>
<p>High Jump</p> <p>1.90m David Cole 5/05</p> <p>SENIOR CR</p> <p>1.75m Tom Reynolds 6/05</p> <p>Mark Taylor</p> <p>2.19m</p> <p>16/03/2006</p>	<p>2.10m Alan McKie 29/04</p> <p>2.05m Cameron Lake 5/05 1.75m Graham Cole 14/4</p>	<p>High Jump</p> <p>JUNIOR CR</p> <p>Alan McKie</p> <p>2.12m</p> <p>14/01/2007</p>
<p>Pole Vault</p> <p>4.50m Chris Mills 5/05</p> <p>SENIOR CR</p> <p>4.00m Tom Reynolds 5/05</p> <p>Jeff Gutteridge</p> <p>5.40m</p> <p>05/06/1983</p>	<p>4.00m Steve Walker 14/04</p> <p>3.20m Iain Grierson 14/04</p>	<p>Pole Vault</p> <p>JUNIOR CR</p> <p>Jeff Gutteridge</p> <p>4.96m</p> <p>24/09/1975</p>

Triple Jump SENIOR CR Keith Connor 17.57m 05/06/1982	15.50m w Julian Golley 5/05 12.24m Tom Reynolds 5/05 12.10m David Cole 19/05	10.86m Iain Grierson 14/04 10.70m Steve Walker 14/04	Triple Jump JUNIOR CR Keith Connor 15.95m 30/08/1976
Hammer SENIOR CR Jason Byrne 73.80m 19/09/1992	55.77m Steve Sammut 14/04 51.72m Alan James 19/05 40.39m Mike Small 5/05 33.00m Jeremy Tigar 19/05 31.96m Gareth Bussley U20 5/05 22.07m Peter Virgo 5/05	42.86m Robert Cramb (U17) 29/04 39.07m David Melluish 18/03	Hammer JUNIOR CR Jason Byrne 74.92m 17/12/89
Shot SENIOR CR Neil Griffin 16.06m 26/06/1977	12.49m Mike Small 5/05 12.18m Tom Reynolds 5/05 12.04m Steve Sammut 14/04 10.71m Jeremy Tigar 19/05 9.43m Peter Virgo 5/05 8.83m Alan James 5/05 8.60m Matt Townsend 14/04	12.06m David Shiel 29/04 10.85m Graham Cole 29/04 10.74m Matt Field 27/05 10.57m Matt Townsend 29/04	Shot JUNIOR CR Clive Jeffery 14.32m 06/07/1974
Discus SENIOR CR Mike Wiseman 53.57m 20/07/2002	38.77m Mike Small 5/05 35.76m Steve Sammut 4/03 33.57m Jeremy Tigar 19/05 32.65m Andy Clements 5/05 31.68m Matt Townsend 14/04 29.01m Peter Virgo 5/05 23.77m Alan James 5/05	38.53m Matt Townsend 29/04 26.70m David Shiel 29/04 24.64m Graham Cole 27/05	Discus JUNIOR CR Jason Byrne 46.00m 14/05/1988
Javelin SENIOR CR Ben Haughton 72.46m 25/03/2006	45.26m Jeremy Tigar 19/05 44.80m Tom Reynolds 5/05 42.64m Andy Clements 5/05 40.35m Jeff Bond 19/05 39.46m Chris Record 04/03 38.24m Steve Sammut 14/04 26.11m Danny Hodge 5/05	58.70m Dan Pembroke (U17) 29/04 51.50m Ashley Bryant (U17) 29/04 32.59m Graham Cole 27/05 32.53m Jamie East 27/05	Javelin JUNIOR CR Demetrio Barros 64.34m 01/07/1990

<p>4x100m</p> <p>SENIOR CR</p> <p>Andy Matthews Rion Pierre Fahad Khan Mark Holloway</p> <p>41.07 secs</p> <p>30/07/2005</p>	<p>42.65 Dwayne Stoddart 5/05 Adam Butler Fahad Khan Mark Holloway</p> <p>45.6 Jeff Bond 19/05 Craig Johnson Dean Cooper David Cole</p>	<p>43.09 Dan James, 29/04 Leon James-Lionel Dean Cooper Max Galliers</p> <p>45.29 Christoph Bart U17 27/05 Dean Cooper Jamie East Dwayne Blake</p>	<p>4 x 100m</p> <p>JUNIOR CR</p> <p>Rion Pierre Adam Butler Fahad Khan Liam Freemantle</p> <p>41.16 secs</p> <p>11/09/2005</p>
<p>4x400m</p> <p>SENIOR CR</p> <p>S Kabiswa Mark Hylton Adrian Patrick Mark Richardson</p> <p>3m 08.6</p> <p>06/05/1995</p>	<p>3:30.00 Craig Johnson 19/05 Luke Turton Alex Tovey Warren Frey</p> <p>3:38.06 Callum McKay 5/05 Dwayne Stoddart Tim Haughian George Glancy</p>	<p>3m 27.4 Dwayne Blake 29/04 Kieran Edward Ashley Bryant (U17) Marc Forrest (U17)</p> <p>3:31.77 Dwayne Blake 27/05 Jake Hughes Alex Tovey Ian May</p>	<p>4 x 400m</p> <p>JUNIOR CR</p> <p>Kerian Edward Fahad Khan Dwayne Blake Steve Johnson</p> <p>3m 21.3 secs</p> <p>13/08/2006</p>
<p>4 x 400m</p> <p>LEG 1</p> <p>LEG 2</p> <p>LEG 3</p> <p>LEG 4</p>	<p>52.5 Craig Johnson 19/05</p> <p>50.2 Warren Frey 19/05</p>	<p>51.3 Dwayne Blake 29/04 52.5 Dwayne Blake 27/05</p> <p>52.0 Kieran Edward 29/04 53.1 Luke Turton 19/05 55.1 Jake Hughes 27/05</p> <p>51.7 Ashley Bryant (U17) 29/04 53.5 Alex Tovey 27/05</p> <p>52.4 Marc Forrest (U17) 29/04 50.9 Ian May 27/05</p>	<p>4 x 400m</p> <p>LEG 1</p> <p>LEG 2</p> <p>LEG 3</p> <p>LEG 4</p>